

Study Programmes and Retreats	Price
FP/TTP Facility Fee including GP classes, day courses and retreats (excluding food and accommodation)	£ 30.00
FP lunch (optional)	£ 5.00
GP per session	£ 5.00
MP3 downloads	
Correspondence TTP/FP	
Local per month	£ 30.00
Distance per book or part book	£ 70.00
Day courses	£ 10.00
General Programme	£ 3.00
Retreats	
Per session	£ 2.50
Per day	£ 8.00
Retreats with accommodation	
(Note: booking for lunchtime meals includes unlimited bread, butter, tea, milk and sugar)	
Daily Rate B&B	
Optional lunchtime meal(Mon to Fri)	£ 2.50 per meal
Dorm	£ 25.00
Single Room	£ 35.00
Weekly Rate B&B	
Optional lunchtime meals (Mon to Fri)	£ 12.00 (5 lunches)
Dorm	£ 75.00
Single Room	£100.00
Monthly Rate January retreat	
Optional lunchtime meals (Mon to Fri)	£ 48.00 (20 lunches)
Dorm	£230.00
Single Room	£310.00
N.B. Non-communal meals are self-catering	