

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p>	<p><b>2</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>3</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>4</b> 6.45am Prostrations 7.45am Quick Path</p> <p>(10.30am school visit)</p> <p>5pm Heart Jewel 7pm GP</p>	<p><b>5</b> 6.45am Prostrations 7.45am Quick Path</p> <p>11am GP</p> <p>5pm Heart Jewel</p>	<p><b>6</b></p> <p>10am -5pm Day Course 'The True Nature of Things'</p> <p>7.30pm Heart Jewel</p>
<p><b>7</b></p> <p>6pm Heart Jewel</p>	<p><b>8</b> 6.45am Prostrations 7.45am Quick Path</p> <p>7pm Heart Jewel</p> <p>7.30pm Tara Prayers</p>	<p><b>9</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>10</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel 7pm Offering to the Spiritual Guide</p>	<p><b>11</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm GP</p>	<p><b>12</b> 6.45am Prostrations 7.45am Quick Path</p> <p>11am GP</p> <p>5pm Heart Jewel 7.15pm Vajrayogini class</p>	<p><b>13</b></p> <p>10am-12 noon FP 1pm – 3pm FP</p> <p>4.15pm Wishfulfilling Jewel with Tsog offering</p>
<p><b>14</b></p> <p>6pm Heart Jewel</p>	<p><b>15</b> 6.45am Prostrations 7.45am Quick Path</p> <p>7pm Heart Jewel</p>	<p><b>16</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>17</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>18</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm GP</p>	<p><b>19</b> 6.45am Prostrations 7.45am Quick Path</p> <p>11am GP</p> <p>5pm Heart Jewel 7.15pm Vajrayogini class</p>	<p><b>20</b></p> <p>10am-12 noon FP 1pm – 3pm FP</p> <p>4.15pm Wishfulfilling Jewel with Tsog offering</p>
<p><b>21</b></p> <p>10.30am-11.30am Children's Class</p> <p>6pm Heart Jewel</p>	<p><b>22</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel 7.30pm Powa puja</p>	<p><b>23</b> 6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>	<p><b>24</b> <u>Refuge retreat</u></p> <p>6.45am Prostrations 7.30am Session 1 10.30am Session 2 12pm Heart Jewel 4.30pm Session 3 7.30pm Session 4</p>	<p><b>25</b></p> <p>6.45am Prostrations 7.30am Session 1 11 am Offering to the Spiritual Guide 5pm Heart Jewel 7.30pm GP</p>	<p><b>26</b></p> <p>6.45am Prostrations 7.30am Session 1 11am GP</p> <p>4.30pm Heart Jewel 7.30pm Session 4</p>	<p><b>27</b></p> <p>7.30am Session 1</p> <p>10am-12 noon FP 1pm – 3pm FP 4.15pm Wishfulfilling Jewel with Tsog offering</p>
<p><b>28</b></p> <p>6.45am Prostrations 7.30am Session 1 10.30am Session 2 12pm Heart Jewel 4.30pm Session 3 7.30pm Session 4</p>	<p><b>29</b></p> <p>6.45am Prostrations 7.30am Session 1 10.30am Session 2</p> <p>5pm Melodious Drum</p>	<p><b>30</b></p> <p>6.45am Prostrations 7.30am Session 1 10.30am Session 2 12pm Heart Jewel 4.30pm Session 3 7.30pm FP</p>	<p><b>31</b></p> <p>6.45am Prostrations 7.45am Quick Path</p> <p>5pm Heart Jewel</p> <p>7pm FP</p>			